

Community Solutions of Fort Worth surveyed 20 members of Mental Health Connection of Tarrant County in April and May 2007. The survey determined which evidence-based programs and practices are already in use by these agencies, as well as the populations currently being served. The survey serves as a baseline for a multi-year multi-disciplinary learning experience focused on connecting the worlds of research, policy and practice for mental health services in Tarrant County. A resource database using the survey results will be posted on the Mental Health Connection Web site (www.mentalhealthconnection.org). Community Solutions will continue to interview members of the Tarrant County mental health community and will update the database regularly.

Key findings of this initial survey include:

- Of the evidence-based programs addressing child and adolescent mental health issues, 73 percent in Tarrant County focus on prevention and "at-risk" individuals.
- The second most prevalent focus area is addiction, which is addressed by 32 percent of evidence-based programs.
- Very few evidence-based programs in Tarrant County address internalizing disorders, trauma, post traumatic stress disorder or pervasive developmental disorders.
- The understanding of evidence-based programs is widely varied, and individual definitions guided responses.

Ongoing surveys will incorporate a broader sample of Tarrant County mental health providers and will include evidence-based practices and programs for adults as well as children and adolescents. Mental Health Connection is developing concrete definitions of evidence-based practices and programs for Tarrant County. The new definitions will be incorporated into future surveys.

In addition to defining the evidence-based programs being implemented in Tarrant County, the survey also revealed gaps in service and knowledge that the community can now work to fill.

Special Thanks

To those who participated in the survey:

AIDS Outreach
All Church Home for Children
Alliance for Children
Catholic Charities
Child Study Center
Cook Children's Medical Center
First United Methodist Church
Fort Worth Independent School District
Lena Pope Home, Inc.
Mental Health Association

MHMR of Tarrant County
Millwood Hospital
Pressley Ridge
Recovery Resource Council
Santa Fe Adolescent Services
Tarrant County
Tarrant County Challenge, Inc.
The Parenting Center
United Way of Tarrant County
The Women's Center

To those who conducted the survey:

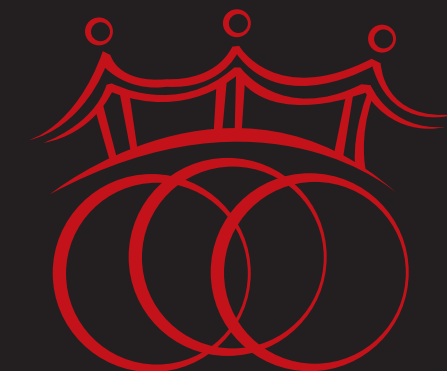
Community Solutions staff members
Community Solutions social work interns from the University of Texas at Arlington

Mental Health Connection is a collaboration of public and private agencies, mental healthcare providers, patients and caregivers working together to improve the mental health system for all residents of Tarrant County.

Community Solutions of Fort Worth is the result of a \$9.5 million, six-year cooperative agreement with the Substance Abuse and Mental Health Services Administration of the U.S. Department of Health and Human Services. Administered by the City of Fort Worth Public Health Department, Community Solutions' goal is to create an accessible, culturally competent and seamless child- and family-driven system of care for families impacted by severe emotional disturbances in Fort Worth. It adheres to the Mental Health Connection Standards of Care: strength-based, effective, family-focused, culturally competent and safe.

A Survey of Evidence-Based Programs in Tarrant County

May 2007



Bridging the Gap

Evidence-Based Programs Matrix

Evidence-Based Program

Evidence-Based Program	Impact Area							Target Population				Agency							
	Internalizing Disorders	Externalizing Disorders	Addictions	At-Risk/Prevention	Pervasive Developmental Disorders	Trauma/PTSD	Community	Caregiver	Adolescent	Child	All Church Home for Children	Catholic Charities	Cook Children's Medical Center	MHMR	Recovery Resource Center	Santa Fe Adolescent Council	The Parenting Center	Tarrant County Challenge	
Adolescent Reinforcement Approach			X					X							X				
Boys Town		X		X				X	X										
Collaborative Problem-Solving Model	X	X	X	X	X	X			X			X							
Community Trial Intervention			X				X	X										X	
Creating Lasting Connections				X				X	X					X					
Defiant Child		X							X				X	X					
Defiant Teen		X						X					X	X					
Effective Black Parenting				X			X				X								
Healthy Families of America				X			X	X								X			
Home Builders				X			X	X	X		X	X							
Kids Connections			X	X		X			X					X					
Kids First Family Transition Program				X			X								X				
Life Skills				X				X						X					
Multisystemic Therapy	X	X						X					X						
Parenting with Love and Limits	X			X			X	X				X							
Reconnecting Youth			X	X				X							X				
Second Step				X				X							X				
Strengthening Families				X			X	X	X						X				
Youthful Drinking and Driving Program			X	X				X					X						