

Mental Health Connection Membership Meeting Minutes
Monday, January 9, 2012, 8:30 a.m.
The Women's Center

Attendees:

Judith Alexander Priest	Nancy Hagan	Stephanie Norton
Stefan Ateek	John Hamlett, III	Sherri Pratt
Gwen Bain	Carolyn Hanke	Carolyn Presnall
Kay Barkin	Stevie Hansen	Matt Robison
Stephanie Books	Ginny Hickman	Jane Sanford
Kristi Brown	Chuck Hoffman	Michael Steinert
Wayne Carson	Virginia Hoft	Patsy Thomas
Pat Cheong	Brittany Johnson	Mark Ware
Dale Edmiaston	Tracy Koller	Grace White
Lisa Ferrell	Barbara Lamsens	Lyn Willis
Debbie Fillmore	Susanne Luebke	Brenda Wingo
Susan Garnett	Sandra Lydick	Jake Yarbrough
Allison Giles	Jennifer Martin	Wayne Young
Jennifer Gilley	Diamante Maya	Lena Zettler
Gina Godfrey	Bart Miller	Lori Zuniga
Deena Graves	Clea Moss	
Estrella Griggs	Santos Navarrette	

Susan Garnett called the meeting to order at 8:40 a.m.

Carolyn Presnall led the attendees in introductions.

Special Reports

AHRQ's Effective Health Care Program Products

Jake Yarbrough presented information about the Agency for Health Care Research and Quality. He works in integrated marketing communications for Global Prairie, which has a contract to help AHRQ inform the public about the tools it offers. The Effective Health Care program offers patient outcomes information for patients, policy makers and physicians to use in making healthcare decisions. The goals are to improve the quality of care and promote evidence-based decision making while lowering healthcare costs. The Patient-Centered Outcomes Research conducted by AHRQ compares the benefits and harms of different interventions and strategies to prevent, diagnose, treat and monitor health conditions. AHRQ encourages the public to submit questions for study. To determine the areas of study, AHRQ looks at the drain on Medicare, the utilization of procedures, the burden on patients or society, and the impact on people in priority populations. If a research topic meets the criteria, AHRQ sends it to one of 15 Evidence-Based Practice centers around the country. The center looks at the available evidence and asks for additional stakeholder input. After the center researches the topic, it generates a detailed report that addresses the efficacy of treatment options. AHRQ translates the findings into user-friendly tools, including clinician and consumer summary guides. There are currently 14 priority issues for AHRQ, including mental health disorders and

substance abuse. The AHRQ Web site at www.effectivehealthcare.ahrq.gov offers a great deal of information and a number of tools based on the studies. Clinician guides include a review of the quality of the science in the studies. Patient guides are written at the 5th or 6th grade level in both English and Spanish. There are also summaries for policy makers, which do not make policy recommendations; instead, they provide the information needed to make good policy. Educational modules on the site offer CEUs for physicians and/or other clinical practitioners. AHRQ also provides a patient decision aid that explains the area being studied, the available treatments, side effects, etc. Patients can create personalized reports to take to their doctors. Because all of the materials are federally funded, there is no cost for any orders under 500. Shipping costs must be covered for orders over 500. The tools can be ordered through the Web site or through a toll-free number. Jake's job includes developing ongoing collaborative partnerships on the regional and state levels. He covers HHS Regions 6 and 9. He also helps organizations find and customize ways to get information about AHRQ to stakeholders. Jake distributed his business card and will send Kay Barkin his PowerPoint presentation so she can post it on the Mental Health Connection Web site.

Utilization Review

Crisis Services – Mark Ware reported MHMRTC has added a physician who is working with MCOT and other crisis services. Use of crisis services continues to grow. Calls to the crisis line are 28% higher than the same time last year.

JPS Health – Wayne Young reported there were 1,843 patients seen by the Psychiatric Emergency Center in December. There were 299 adult psychiatric admissions, 75 adolescent admissions and 54 in the Crisis Stabilization Unit. The numbers were higher than usual for December.

CCHAPS – Ginny Hickman reported Cook Children's Medical Center is updating the CCHAPS assessment. Surveys in field are about two-thirds complete, and the data will be analyzed in the spring. The information will go to the Cook Children's Board in early summer. Due to the timeline, Cook has moved its Annual Summit to January from October so it can present the findings. Cook does not expect to see many changes in three years, but the environment has changed due to the recession. The assessment may show how the economy is impacting services from the family's perspective. The health coalition in Denton County has chosen mental health as its initial area of focus. Susan Garnett and Patsy Thomas met with the leadership of that group to talk about lessons learned, experiences, etc. Mental Health Connection hopes to develop a good partnership with Denton County.

DataLink – Dale Edmiaston reported there were 233 referrals in December and 2,493 in the past 12 months. Your Texas Benefits at MHMRTC has joined DataLink.

Tarrant Cares - Kay Barkin reported there have been 2,436,183 hits, 1,411,280 pageviews and 216,347 sessions since Tarrant Cares launched on March 30. Patsy reported Judge Glen Whitley is in the process of collecting maintenance fees. The same funders who helped to launch Tarrant Cares are being approached again. The maintenance costs are \$126,000.

Hand in Hand – Stephanie Norton reported Lori Lunsford, the new Hand in Hand facilitator in Hood County, is ready to accept referrals. There have been approximately 25 graduations from Hand in Hand. Plans are moving forward to hire family mentors, and five Hand in Hand family members have already expressed interest. The core team has

created a job description and application, and a training process is under development. The five who have expressed interest in becoming family mentors represent each of the counties served by Hand in Hand.

Allison Giles reported Hand in Hand is initiating efforts in each county to discuss the building of strong collaborations, possibly including development of formalized governance structures similar to Mental Health Connection. In two weeks, there will be a meeting with the leaders of three existing collaborations in Parker County to talk about next steps. An initial stakeholder meeting in Hood County has drawn approximately 25 reservations to date. At this meeting, Hand in Hand will introduce System of Care concepts and encourage attendees to brainstorm about what a System of Care would look like in their community. The next System of Care stakeholder introductory meeting will be held in Palo Pinto County. In addition, the Arlington Resource Sharing Group, which is now about the size of Mental Health Connection, is ready to take the next step. The group has started looking at the bigger picture to determine ways to better serve the community. Allison is on the Steering Committee that is developing the organization's vision.

Chuck Hoffman pointed out that one of the most sustainable Hand in Hand efforts is the Cultural and Linguistic Competence work, which has moved far beyond CBMCS training. He praised Santa Fe Youth Services for its leadership and commitment to this initiative. Estrella Griggs said she and Lydia Garcia are working with Allison to identify the informal cultural brokers in each county. The next CBMCS training will be January 19, 20, 26 and 27. She brought flyers for anyone interested. The first Book Club group completed its discussion of Ted Wise's "Color Blind." Those interested in participating in the next Book Club will be reading "The Color of Wealth." An email will be distributed soon.

Announcements

Carolyn Presnall announced the February 13 Mental Health Connection membership meeting will feature a presentation by Dr. Lee LeGrice on suicide prevention.

Stefan Ateek introduced Dr. Sanchez from the University of Texas at Arlington. He said UTA has multiple projects underway and offered to do a quick report on them at a future meeting.

Jane Sanchez announced the IDD Needs Council will be observing its second anniversary with a meeting at Joe T. Garcia's on January 12. The speaker will be Vallau Wilkie, retired Executive Vice President of the Sid Richardson Foundation. The cost is \$10 per person, and reservations are required.

Gwen Bain said SafeHaven's Fort Worth Counseling Center is moving to the corner of Hemphill and Rosedale. It is scheduled to open in mid-January.

Next Meeting

The next meeting will be held Monday, February 13, at 8:30 a.m. at The Women's Center, 1723 Hemphill.

Adjournment

With no further business, the meeting adjourned at 9:35 a.m.